

Sexing Therapy: Sex Therapy for the Non-Sex Therapist

Sexing Therapy: Sex Therapy for the Non-Sex Therapist is a one-day workshop introducing practitioners to working with sexual issues. Many health practitioners find initiating talk about sex and people's sex lives daunting and, in some cases rude and invasive. Yet, part of a healthy life is a healthy sex life. This workshop aims to de-mystify sex in therapy.

In *Sexing Therapy* participants are introduced to psychosexual therapy and the role of psychosexual therapists. The impact of values and some of the issues of working in a psychosexual framework are explored. Participants are also introduced to the PLISSIT model of sex therapy. Time will be provided for case discussion and conceptualisation.

At the conclusion of this workshop, participants will be able to:

- Articulate their values on sex and sexuality;
- Articulate the PLISSIT model of sex therapy;
- Apply the first three stages of the PLISSIT model of sex therapy;
- Evaluate models of sex function;
- Develop a sexual history script; and
- Engage clients on issues of sexuality.

Topics covered Include:

- The PLISSIT Model
- Sexual history taking
- Models of sexual function

Who Should Attend?

This workshop is aimed at the health and human services sector: GPs and other medical professionals, Nurses, Occupational Therapists, Physiotherapists, Social Workers, Psychologists, Counsellors, Welfare Workers, Youth Workers. Other professionals welcome to attend.

Why Attend?

This one-day workshop will increase participant's skills in discussing personal and sexual matters with clients using the Ex-PLISSIT framework. It will demystify sexuality and encourage self-exploration of attitudes and beliefs toward sexuality. The workshop is developed using principles of adult and experiential learning. The focus, therefore, is on the participants' needs and learning through doing.

Your Trainer



Dr Christopher Fox is an international educator and speaker on human sexuality and sexology. He is a Senior Lecturer in Sexual Health (Sexology) at Faculty of Medicine and Health at the University of Sydney where he coordinates the Psychosexual Therapy Pathway in the Postgraduate Program in Sexual and Reproductive Health. Dr Christopher is the Associate-Secretary for the Asia-Oceania region for the World Association for Sexual Health; Co-Vice Chairperson for the WAS Sexual Rights Committee. He is currently the Treasurer for the Asia-Oceania Federation of Sexology and the Immediate Past National Chairperson for the Society of Australian Sexologists. He is an experienced lecturer, trainer and therapist and has worked with sexual and gender diversity, as well as sexual health and wellbeing for over twenty years. Dr Christopher runs a private sex and relationship therapy practice and consulting business in Melbourne. He is frequently asked to consult on issues related the human sexuality, sexual health and wellbeing. For further information: Call Christopher on 0438 422 759 or email info@foxcounselling.com.au

Dates

Each workshop begins at 9:00 am sharp and finishes at 5:00 pm. Registration is open from 8:30 am.

Launceston 15 October 2018

Early bird closes 30/09/2018

The Tramsheds Function Centre, 4 Invermay Road.

Trybooking: <https://www.trybooking.com/YDVR>

If you wish to book both workshops please email Dr Christopher Fox on info@foxcounselling.com.au.

TERMS & CONDITIONS

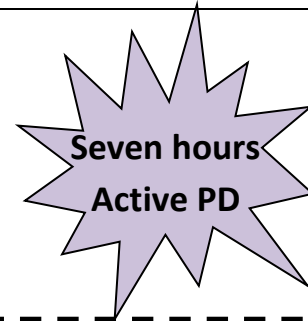
Registration confirmation: on receipt of payment

Cancellations 30 days prior to the event: A \$75.00 cancellation fee applies. Participants must notify Griffox Pty Ltd in writing via email, letter or fax.

Cancellations 14-29 days prior to the event: A cancellation fee of 50% of workshop price. Participants must notify Griffox Pty Ltd in writing via email, letter or fax.

Cancellations less than 14 days prior to the event: No refund. Full fees apply. Participants must notify Griffox Pty Ltd in writing via email, letter or fax.

Transfer of registration to another person: Registrations can be transferred in full to another person on notification to Griffox Pty Ltd. Where a participant can only attend part of the training, transfer of the remainder of the registration is not possible. Participants must notify Griffox Pty Ltd in writing via email, letter or fax.



TAX INVOICE/REGISTRATION FORM

Griffox Pty Ltd
ABN: 26 132 905 492

I wish to register for:

Launceston 15/10/2018

- \$320.00 Early Bird
 \$365.00 Full Rate
 \$295.00 SAS/AASW/ACA– Early Bird
 \$320.00 SAS/AASW/ACA Members - Full

Prices include GST.

Morning, afternoon teas and lunch provided

Direct debit available. Please contact Adrian Griffiths on adrian@foxcounselling.com.au.

Secure online payment: please see the Trybooking links above for each workshop.

Name: _____
Address: _____
_____ Post code _____
Phone: _____
Email: _____

Please debit my credit card:

Visa Mastercard

____ - ____ - ____ - ____

Expiry ____ / ____ CVV ____

Name on card: _____
Signature _____

I accept the Terms & Conditions of Registration.

Please return this registration form to:
PO Box 6004, COLLINGWOOD NORTH, Vic, 3066
Or
Scan and Email to: adrian@foxcounselling.com.au